

Macomb County, MI | Volume 6 Issue 5 | Jan. 2021

Macomb County 4-H News & Events

2020-21 Macomb County 4-H Youth Council officers elected; next meeting January 6

The Macomb County 4-H Youth Council elected new officers at its November meeting. The council provides leadership, fundraisers and events throughout the year to help grow 4-H in our community. The next council meeting will be January 6, 2021 at 6 p.m. via Zoom. The meetings are open to all 4-H members who would like to be delegates for their clubs.



Stallmann

Tobe

Congratulations to the 2020-21 youth officers:

President Elizabeth Bennett is a member of K-9 & Kompany 4-H Club.

Vice President Audrey Schulz is a member of Bit of Luck 4-H Club and shows mini horses. She is involved in theater, choir, varsity dance team and has been a Girl Scout for 13 years.

Secretary Morgan Jowett is a member of City Slickers 4-H Club.

Treasurer Grace Tobey is a member of Ray Community 4-H Club and loves playing basketball.

Reporter Avery Stallmann is a member of Ray Community 4-H Club who loves to read and write fictional stories. She was recently published in Kaleidosope by the Michigan Reading Association.

Macomb County 4-H'er selected for the 4-H State Youth Leadership Council

Congratulations to Macomb County MSU Extension Teen Counselor Renee Nails for being selected to sit on the Michigan 4-H State Youth Leadership Council (SYLC). The selection committee -- composed of SYLC advisors, 4-H program coordinators, and SYLC members -has met and made its member selections for the 2021-2022 SYLC. The selection process is very competitive.

The Michigan 4-H State Youth Leadership Council serves as the premier leadership opportunity for Michigan 4-H members. The council brings together youth from across Michigan to learn about their unique 4-H experiences in order to gain a better understanding of 4-H programs statewide, making them natural spokespeople for the Michigan 4-H program as a whole. Additionally, the council serves as an avenue for youth voice and perspective on statewide 4-H programs and priorities.

Renee has been a Macomb County 4-H member for three years. She has served as a Teen Counselor and has given hundreds of volunteer community service hours to the 4-H Day Camps at the Max Thompson Family Resource Center in Warren. She has also taken training at Kettunen Center and travelled to National 4-H in Washington, D.C. to deliver AgInnovators curriculum to elementary schools.

This year, 2020, celebrates the sixth year of the SYLC. Since its inception, over 69 youth have been selected to serve on the SYLC, representing 34 counties across Michigan. The SYLC continues to increase in its popularity, with more applicants applying each year.

Below are the youth selected and the counties they represent for 2021:

Victoria Brown, Hillsdale Adelle Dingledine, Ingham Micaela Geborkoff, Houghton Hayden Graves, Marquette Halle Graves, Marquette Terrell Jordan, Wayne Joscelyn Layman, Hillsdale Brenna Marshall, Ingham Fawn Muaske, Newaygo **Renee Nails, Macomb** Daisy Rodgers, Hillsdale Aidan Ward, Cass

4-H Virtual Home Gardening Program to start, informational meeting Jan. 4 Have fun learning the joys of gardening with the <u>4-H Virtual Home Gardening Program!</u> This year-round program is FREE and is open to youth in Wayne and Macomb counties who are ages 5-19 as of 1/1/2021. Participants will enjoy hands-on gardening lessons and ongoing engagement and support through our Virtual Garden <u>website</u>.

Join our Zoom meeting on **Jan. 4, 2021** from 6-7 p.m. to learn about the program and how you can get a free bulb kit. Visit <u>https://www.Mi4hvhg.org</u> for enrollment instructions, or contact Lizz Duran at <u>duraneli@msu.edu</u> (Macomb) or Milaina McCann at <u>macklin2@msu.edu</u> (Wayne) for the meeting link.

NOTE: To participate in this program, Macomb County youth must be enrolled in 4-H Online (<u>https://v2.4honline.com</u>) as members of SPIN Club 4-H Virtual Home Gardening. Macomb County youth members who are already enrolled in 4-H will need to contact Macomb County 4-H Program Coordinator Lizz Duran (<u>duraneli@msu.edu</u>) to have the club and its projects added to their records. Youth who are already enrolled in 4-H in Wayne County should contact Milaina McCann at <u>macklin2@msu.edu</u>.

Apply soon for a 4-H State Award

The Michigan 4-H State Awards application deadline is **April 1, 2021**. A 4-H State Award is the highest honor bestowed on a Michigan 4-H member. 4-H State Award winners become part of an elite group of 4-H youth who have demonstrated the highest level of excellence in learning, leadership, and service. Last year, Macomb was proud to have two State Award recipients. They were Aurbrey Richards and Morgan Jowett, both of City Slickers 4-H Club.

The Michigan 4-H State Awards Program provides 4-H members a learning experience where they can develop career skills by using their 4-H experiences to compile a portfolio similar to a professional application while receiving recognition for their 4-H involvement. The application process will help youth build their skills in communication, literacy, record keeping, and marketable skills. The application will require youth to reflect on their past 4-H experiences and provide thoughtful responses. 4-H State Awards recognize youth for their engagement and learning in the 4-H program, focusing on the skills they have gained. Once completed, a 4-H State Awards portfolio may be a useful tool that can be referenced when completing future job, college, or scholarship applications.

To participate in the 4-H State Awards Program, start by downloading the application and instructions here:

- 2020 Overview and Instructions for Michigan 4-H State Awards Program and Mark of Excellence Award
- 2020 4-H State Awards Junior Application (4-H age 13-15)
- 2020 4-H State Awards Senior Application (4-H age 16-19)
- 2020 4-H State Awards Group Application (4-H age 13-19)

Armada Fair news

Armada Fair Youth Livestock Committee elections: Elections for the Armada Fair Youth Livestock Committee will take place on Monday, January 18, 2021 at 7 p.m. There are both

youth and adult positions that are open. Every club that participates in the Armada Fair Youth Livestock Auction and/or Silent Auction is strongly encouraged to have representation on the committee. Elections will take place at 7 p.m. at the Grange Hall located on the Armada Fair Grounds.

Youth Livestock Sale participation form: Each youth planning to sell his or her livestock project at the 2021 Armada Fair must return a completed <u>Armada Fair Youth Livestock Sale</u> <u>Participation form</u> to the Livestock Sale Committee Secretary by Friday, January 15, 2021. Contact Livestock Sale President Matt Konarski at (313) 805-2084 if you have questions. Completed forms may be emailed or mailed to the Armada Fair Office, 74280 Fair Street, Armada MI 48005. <u>office@armadafair.org</u>. Market livestock must be tagged on the scheduled date and times. Check the Armada Fair website, <u>http://www.armadafair.org</u>, for posted dates and times.

Tagging dates:

- Steer Sunday, February 7, 2021, 12 p.m.-2 p.m.
- Swine Sunday, June 6, 2021, 8 AM 10:30 a.m.
- Goats, Sheep, & Prospect Beef Sunday, June 6, 2021, 10:30 a.m.-12 p.m.
- All Poultry & Rabbits Sunday, July 18, 2021, 10 a.m.-12 p.m.

Source: Armada Agricultural Society Newsletter, December 2020

Statewide 4-H News & Events

2021 Michigan 4-H State Award changes

Are you planning to apply for a 2021 Michigan 4-H State Award or submit a Mark of Excellence essay? The timeline for these exciting programs has changed!

The deadline to submit applications or essays is now April 1, 2021. Applications will again be submitted with the MSU Extension events management system.



Additional information regarding the awards program will be forthcoming. Learn more and apply at <u>extension.msu.edu/4HStateAwards</u>.

Adulting 101

This exciting FREE series of Adulting 101 is being offered for high school youth and young adults to help prepare for life on your own. Different session topics will be offered on Thursdays in January from 4-5 p.m. EST.

January 14 - International Conversations: Join us for a cultural conversation live and ask questions that interest you.

January 21 - Goal Setting: Turn your goals into reality with these SMART tips.

January 28 - Food Safety: We all love to eat! Learn how to properly store, cook, and handle your food with safety in mind.

Youth can register at: https://www.canr.msu.edu/adulting101/index for any and all sessions!

4-H Ninja Warrior SPIN Club

Ever wonder what it takes to be a ninja warrior like you see on TV? Besides being physically active and in shape, what other things help them to be successful?

Michigan 4-H will be hosting a new and fun SPIN club opportunity for youth to learn what it takes to become a ninja warrior. Throughout the six-week series, different topics will be explored to help youth learn how be active and strive to be healthy.



This series will run each Wednesday from February 10-March 17. Topics covered will include:

- Goal setting. Uncover your physical fitness goals and how you can accomplish them.
- Strength. Ninjas have to have both physical and mental strength. Explore ways to improve your strength.
- Physical activity. Learn exercise practices that can help you move and gain flexibility.
- Good nutrition. Ninjas must eat right to perform at their best. Discover what does good nutrition look like.
- Balance. Balance is fundamental in ninja training. Learn ways to build balance into everyday routines.
- Mindfulness (patience and focus). Learn strategies that build patience and focus during your ninja training.

Youth that complete the SPIN club will have the opportunity to hear directly from a real-life ninja: 2020 American Ninja Warrior winner Daniel Gil. He will speak to Michigan 4-H youth and friends on Wednesday, March 24. To register for the club, visit www.canr.msu.edu/events/4-h-ninja-warrior-spin-club.



4-H Creative Arts Celebration Workshop - Feb. 19-21

Time to get Creative! Do you love arts & crafts? Do you enjoy sewing & textiles? Do the performing arts provide you with enjoyment? Registration is now open for the *2021 Michigan 4-H Creative Arts Celebration Workshop.* The workshop will be held virtually from

February 19-21, 2021. Virtually connect with instructors and work together on your projects, have fun doing a Goose Chase, reconnect or make new friends virtually, be creative, increase your emotional health, and have an enjoyable experience.

The workshop is open to youth who are ages 13 and up (as of Jan. 1, 2021), 4-H staff, adult 4-H volunteers, and adults who work with youth in a variety of educational settings. The goal is for individuals who are willing to re-teach the skills they learn and knowledge they gain in their communities and to have creative fun in a virtual environment.

Register now as sessions are limited! For more information or to register, visit *https://www.canr.msu.edu/events/2021-virtual-creative-arts-celebration*.



Great Money Games Challenge SPIN Club - Jan. 11-27 Are you interested in learning how to save, budget, and invest your money from the comfort of your home? During the Great Money Games Challenge SPIN Club, Michigan youth ages 11-15 will explore these topics and more through interactive games and discussions. Michigan AmeriCorps members and 4-H staff will lead the meetings from 5-6 p.m. EST Mondays and Wednesdays from January 11-27. Register here: https://bit.ly/MoneyGamesSPIN

Access information, including meeting links and passwords, will be emailed prior to the first meeting. Please contact Rachel Ochylski, <u>ochylski@msu.edu</u>, with any questions.

4-H LEGO Master Builder SPIN Club

The next 4-H LEGO Master Builder SPIN Club will begin on Monday, January 18th and end Friday, January 22nd, registration closes on January 14th. This club will meet virtually every day from 10-11:15 am EST. Over the course of the week, youth will get a chance to be creative, be ingenious, be an engineer and become a Master Builder with LEGO! This 4-H SPIN Club is FREE and OPEN to 4-H and non-4-H members ages 5 to 12. For more information and to register, please visit: https://events.anr.msu.edu/4HLegoSPINClubJanuary/



This 4-H SPIN Club will meet virtually via <u>Zoom</u> (both computer and smartphone accessible). Zoom link information will only be sent to event registrants that complete their 4-H Online

enrollment by January 15th (Club is listed under Livingston County – SPIN Club LEGO Master Builder).

4-H Wild Spartans Series

Join MSU Extension 4-H staff for the <u>Wild Spartans series!</u> We will be taking a look into life working with fisheries and wildlife. Follow along as we climb through bogs, peer into bear dens, mist net songbirds, snorkel for fish, or perhaps even tag deer. Meet researchers, learn about their field work, and the education and career path they've followed to get there. Monthly Sessions will be held on the 2nd Tuesday of the month at 7 p.m. EST through May (January 12, February 9, March 9, April 13, and May 11). Each 30 minute session will feature 1-2 guest researchers. Youth will be encouraged to ask questions to learn more through a live Q&A with scientists.

This free series is open to 4-H and non-4-H youth ages 12-19 years. Register once at <u>https://events.anr.msu.edu/wild_spartans/</u> to receive monthly emails directly related to this program for the duration of the event (through May 2021). For more information, contact Macomb County 4-H Program Coordinator Seth Martin: <u>mart1885@msu.edu</u>.



Minecraft 4-H SPIN Club

The January 2021 4-H Minecraft SPIN Club, will begin on Monday, January 25th and end Friday, January 29^{th.} Registration closes on January 21st. This club will meet virtually every day from 10-11:15 a.m. EST. During this week, youth will be introduced to computer coding through the world of Minecraft--no game necessary! This 4-H SPIN Club is FREE and OPEN to 4-H and non-4-H members ages 8 to 12. For more information and to register, please visit: https://events.anr.msu.edu/4HMinecraftSPINClubJanuary/

This 4-H SPIN Club will meet virtually via <u>Zoom</u> (both computer and smartphone accessible). Zoom link information will only be sent to event registrants that complete their 4-H Online enrollment by January 22nd (Club is listed under Livingston County – SPIN Club Minecraft).



Give the gift of Spartan Cheese!

Spartans are creative and adaptive, so when the COVID-19 pandemic disrupted normal operations this year, MSU Dairy Store cheese was transferred to MSU Extension. The MSU Product Center then turned this into an opportunity for the perfect holiday gift box. Start your new year with delicious Spartan cheese!

MSU Dairy Store cheese boxes are available for a limited time. From smoky cheddar to salty caerphilly, gift boxes are available for delivery or contactless pickup in Okemos or Novi. Visit the online store today at https://msu-dairy-store.myshopify.com/.

Resolve to have a great 4-H year

Christine Heverly, MSU Extension. Adapted from an article originally published by Sandy Risedorph.

As we begin 2021, here are ten suggestions to make the upcoming year a successful one. Resolve that:

1. Club meetings will start and end on time.

2. Business meetings will follow Roberts Rules of Order. All club paperwork such as minutes, club inventory and financial statements will be completed in a timely manner.

3. All members will take part in discussions and have a say in decisions that are made. Keep a chart with each members' name and when they speak at business meetings.

- 4. The club meeting will be safe, comfortable and welcoming.
- 5. Fun will be included in each meeting.
- 6. The club will pursue at least one community service project chosen, planned and celebrated

by the club.

- 7. New members will have a buddy they may talk with about any 4-H questions.
- 8. The 4-H Pledge will be said at every meeting.
- 9. Every club member will be recognized in some way to let them know they are cared about.
- 10. The club will review club resolutions and Guiding Principles at least once year.

Calendars of Events

January 4

<u>4-H Virtual Home Gardening Meeting</u> 6-7 p.m., Zoom

January 5

Art & Activism SPIN Club

Tuesday from Jan. 5-Feb. 23.

Zoom Webinar Youth ages 9-13 are invited to join discussions and activities related to activism. Michigan AmeriCorps members will lead the meetings from 6-7 p.m. each

January 6

Supportive Teens Empowering Peers SPIN Club Zoom Webinar

The 4-H Supportive Teens Empowering Peers (STEP) SPIN Club provides an opportunity for teens ages 13- 19 to connect virtually with peers through fun games, social interaction and more! This club will meet from 4-5 p.m. each Wednesday from Jan. 6-Feb. 24.

January 7

Cloverbud Social Emotional Wellness Kit Statewide

Complete activities together with your child to help them explore their emotions. Supplies for activities are included in the kit and can be shipped directly to your home.

January 11-27

Great Money Games SPIN Club Online, 5-6 p.m. Mondays and Wednesdays

January 12

Wild and Crazy Careers 4-H SPIN Club Zoom Webinar

In this six-week series, youth will hear from people who have turned their hobbies and passions into their dream job. Hear from wildland firefighters, wildlife documentary creators, zookeepers, mountaineers and more!

January 12

<u>Wild Spartans!</u> Zoom Webinar - Topic TBA

January 14

Adulting 101 - International Conversations Zoom Webinar

The Adulting 101 series helps high school youth prepare for life on their own. This session will explore cultural values from around the world. Additional sessions will be held on the next two Thursdays and cover goal setting and food safety, respectively.

January 15

Armada Fair Youth Livestock Sale Participation Forms due to the Armada Fair Office

January 18

Armada Fair Youth Livestock Committee elections 7 p.m., Grange Hall, Armada Fairgrounds

January 21

Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and adults.

January 21

Adulting 101 - Goal Setting Zoom Webinar

January 25-29

Minecraft 4-H SPIN Club Online

January 26

Success and Safety on Volunteer-led Virtual Programs

Zoom Webinar

In this workshop, participants will learn about best practices and strategies to use when programming virtually with youth and <u>adults</u>.

January 28

Adulting 101 - Food Safety Zoom Webinar

February 7

Beef Tagging 12-2 p.m., Armada Fairgrounds

February 9

<u>Wild Spartans!</u> Zoom Webinar All About Honeybees: Working with a superorganism

March 9

Wild Spartans! Zoom Webinar - Topic TBA

April 1 State Awards application deadline

April 13

Wild Spartans! Zoom Webinar - Topic TBA

May 11

<u>Wild Spartans!</u> Zoom Webinar - Topic TBA

For the most up-to-date events listing, go to http://4h.msue.msu.edu/events.

January 18-22

LEGO Master Builder SPIN Club Online

January 19-21

4-H Creative Arts Celebration Workshop Online

Happy New Year

from the Macomb County MSUE 4-H Staff:

Ed Scott, District 11 Coordinator - Oakland & Macomb Counties Diane Wisnewski, 4-H Extension Supervising & Staff Development Educator Kathy Jamieson, 4-H Educator Kea Norrell-Aitch, 4-H Educator Lizz Duran, 4-H Program Coordinator Katelyn Burns, 4-H Program Coordinator Seth Martin, 4-H Program Coordinator Allenique Baird, 4-H STEAM Corps AmeriCorps Mem Roberta Busquaert, Office Assistant-Senior



Macomb County 4-H Staff & Office Locations

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Visit our website

